# WHY MEMORY CARE?



More than 6 million Americans are currently suffering from Alzheimer's, the most common form of dementia. Despite the complexities that dementia can bring, Edgewood's memory care communities help residents thrive within a smaller setting that promotes individualized care and independence.

# **Comfortable Surroundings**

Dementia can cause confusion, anxiety, depression, and frustration. To alleviate these feelings, we feature the following:

- A comfortable, home-like setting
- Fewer residents and more staff
- Memory boxes outside each apartment to help residents identify their home
- Cozy apartments with open floor plans



### Peace of Mind

Wandering and elopement can be symptoms of dementia. We provide safety measures for peace of mind:

- Secure buildings and courtyards
- Staff on-site 24/7
- Safety checks can be done as often as needed



## **Personalized Dining**

Those with dementia may not remember to stay hydrated or to eat meals, and their motor skills may prevent them from enjoying mealtimes. To make sure everyone can enjoy the dining experience we offer:

- Meals served wherever each resident is comfortable
- Individualized support to ensure proper hydration and nutrition
- A variety of foods to enjoy without dietary restrictions

## **Dementia-Friendly Care**

Those with dementia tend to go back in time which creates confusion. To help combat feelings of frustration or sadness, we utilize:

- Therapeutic communication
- Social connections
- A variety of activities for all

### Easy Access to Healthcare

Memory loss is hard enough without having to travel long distances to unfamiliar places. To help residents maintain their health with ease, we bring the following right on-site:

- Preventative and routine care
- Home health, outpatient therapy, and hospice
- Access to nurses 24 hours per day





**Schedule a tour!** Use your phone camera to scan the OR code or visit us at bit.ly/edgewood-tour

