

WHEN IS IT TIME TO CONSIDER *Memory Care?*



YOU NOTICE DIFFICULTY PERFORMING DAILY ACTIVITIES

1. Wearing the same clothing multiple days.
2. Changes to personal hygiene such as not completing bathing and grooming tasks.
3. Skipping meals, not preparing meals, or keeping expired foods in the kitchen.
4. Laundry and housekeeping are becoming difficult and a burden.
5. They are isolating themselves to only a few rooms in their home.

YOU NOTICE INCREASED MEMORY LOSS AND CONFUSION

1. They are repeating questions and statements.
2. Making repetitive phone calls with the same questions.
3. Wandering.
4. Trusting strangers, falling for scams, becoming the victim of elder abuse.
5. Forgetting to do things that once were routine like paying bills or picking up the mail.
6. Leaving the stove on and frequently misplacing items around the house.
7. Accusing others of stealing from them.

SAFETY CONCERNS

1. Stairs, or clutter that creates a risk for falls, trips, and stumbles.
2. Difficulty getting out of the bathtub or using the toilet.

YOU ARE CONCERNED ABOUT MEDICATION MANAGEMENT AND ADMINISTRATION

1. Forgetting to take medication, taking more medication than is required, or missing doses.
2. Running out of medications due to not re-ordering them or keeping expired medication.
3. Finding forgotten or dropped pills on the floor or around the house.

LACK OF SOCIALIZATION

1. Losing touch with friends and isolating themselves at home.
2. Loss of interest in activities that they once enjoyed, such as going to church.
3. Showing signs or having a diagnosis of depression, for example sleeping or crying a lot.
4. Loss of a spouse, relative, pet, and/or long-time friend
5. Loss of driver's license and mode of transportation.

FEAR AND ANXIETY

1. Becoming increasingly paranoid or fearful of others.
2. Afraid to be left alone.
3. Becoming increasingly dependent on family members.
4. Fear of surroundings and neighborhood.
5. Making accusations that have no merit or are clearly false.



where home & healthcare meet™