

SENIOR LIVING *Options*

Senior care
has evolved,
and it's
no longer a
one-size-fits-all
experience.



INDEPENDENT LIVING COMMUNITIES

Designed for seniors who are independent and don't require much support with medical or personal care, independent living communities offer seniors a smaller, more manageable home setting. Find time for vacations, days with grandchildren, and life-long hobbies in a comfortable and stylish residence that requires less maintenance and worry than an independently owned home.

At Edgewood, you can experience peace of mind and enjoy carefree living. In most of our independent living communities, we offer a daily noon meal with the option to purchase additional meal plans. You'll receive an activities calendar filled with opportunities to socialize and enjoy activities to keep your mind and body sharp. Also included are light housekeeping and basic utilities (phone services are excluded).

ASSISTED LIVING COMMUNITIES

Not all seniors require the level of care that a skilled nursing facility offers. Assisted living is designed to provide seniors with support to meet health and safety needs while also encouraging continued independence and socialization. Experience privacy in the comfort of your apartment while having support available 24 hours a day. Seniors who choose assisted living can receive a continuum of care on-site to maintain their health, wellness, and abilities. At Edgewood's assisted living communities, seniors can experience the peace of mind that help is always available while they have the opportunity to choose how they'd like to spend each day.

At Edgewood's assisted living communities, we offer many of the following amenities right on-site!

- ✓ Social/activities calendar
- ✓ Basic utilities
- ✓ Housekeeping
- ✓ Fitness/therapy room
- ✓ Medication management
- ✓ Library
- ✓ Media/Skype lounge
- ✓ Laundry
- ✓ Beauty salon/spa
- ✓ Outdoor courtyard with walking paths
- ✓ Movie theater
- ✓ Chapel
- ✓ Private family dining room
- ✓ Emergency pendant



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MEMORY CARE COMMUNITIES

At Edgewood's memory care communities, we offer similar support provided by assisted living. In memory care, however, staff are specially trained to support the complexities of memory loss caused by Alzheimer's or another form of dementia. We offer 24-hour assistance and supervision in a safe and secure setting. Our activities are customized to help those with memory loss ignite joy and bring satisfaction. We offer a smaller living setting that is designed to decrease anxiety, confusion, and depression. Using dementia-friendly communication, our staff is there every step of the way to help residents live safely with comfort and dignity.

Life stations are a unique feature in our Edgewood memory care communities, and they consist of items and activities that residents may have used during a typical day. The common themes are coffee in the morning, getting the mail, going to church each Sunday, caring for young children, and using tools to make repairs. The items in our life stations are interactive, allowing residents the opportunity to pick up, touch, and feel each of them sparking fond memories and joy.

SKILLED NURSING FACILITIES

Also known as nursing homes, these facilities are designed for seniors who are unable to complete self-care due to physical or cognitive disabilities. Typically, those residing in nursing homes require 24-hour oversight to address their skilled medical needs. Residence in a nursing home can be short-term for those who require daily therapy as part of a rehabilitation program, or long-term if their needs are unable to be safely managed by themselves, or an alternative senior living care option.

While Edgewood does not offer skilled nursing facilities, the chart below highlights the differences in services and costs for each senior living option:

FEATURE OR SERVICE	INDEPENDENT LIVING	ASSISTED LIVING	MEMORY CARE	SKILLED NURSING
Cost per month	\$1,500 - \$3,500	\$3,500 - \$5,500	\$5,500 - \$9,000	\$8,000 - \$10,000
Medication management	No	Yes	Yes	Yes
Personal care*	No	Yes	Yes	Yes
Mobility assistance	No	Yes	Yes	Yes
Accepts wheelchairs	Yes	Yes	Yes	Yes
Alzheimer's/dementia care	No	Varies	Yes	Varies
On-site nurses*	No	Yes	Yes	Yes
Transportation	Varies	Yes	Yes	Yes
Incontinence care	No	Yes	Yes	Yes
Housekeeping	Light	Yes	Yes	Yes
Personal laundry	No	Yes	Yes	Yes

**Care costs vary based on location, individual health, and safety needs.*



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